



SILVERADO
Your Memory Care Resource
 AT HOME • SENIOR LIVING • HOSPICE



BENEFITS OF Restorative Care

MONDAY, SEPTEMBER 27TH AT 4:30–5:30 PM

WITH SPEAKERS

Joann Fetgatter, RN

Beverly Almono, RN, DHS

**Todd Steers, PHYSICAL
 THERAPIST WITH ACCENT CARE**

Silverado's dementia specific Restorative Care Program combines a variety of techniques, including exercise, range of motion, gentle stretching and massage. All services are customized to meet the resident's needs with the goal of maintaining or enhancing their functional status.

The program was created to assist residents with dementia and other memory impairments to have the opportunity to delay or eliminate common complications related to loss of mobility and/or muscle tone. The program focuses on increasing dignity and quality of life for the resident.

SILVERADO SENIOR LIVING-NEWPORT MESA

350 W. Bay Street • Costa Mesa, CA 92627 • (949) 631-2212

Who Would Benefit?

- Individuals who only walk short distances or no longer walk
- Individuals at high risk for falls
- Individuals with contractures and fractures

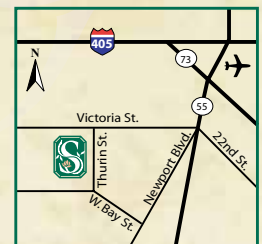
Potential Benefits:

- Decreased fall rate
- Decreased weight loss
- Better quality of life
- Decreased use of psychotropic medications
- Improved function range of motion enabling ability to perform daily activities

RSVP by Friday, September 24th

**to NEWPORTMESA@SILVERADOSENIOR.COM
 or call (949) 631-2212**

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