

Brain Health

Wednesday, March 24th
6:30 p.m. to 8:30 p.m.

Acacia Adult Day Care Center
11391 Acacia Parkway
Garden Grove, CA

Learn what you can do to keep your brain as healthy as possible as you age. This workshop is open to the public. We hope you will join us for this very important message.



FEATURED SPEAKER

Lori-Ann Christie, Ph.D.

Institute for Memory Impairments
and Neurological Disorders (UCI MIND)

Lori-Ann received her Ph.D. from University of Toronto and is now a researcher at the Institute for Memory Impairments and Neurological Disorders (MIND) at UCIrvine. Her work focuses on understanding Alzheimer's disease and how to prevent it by using animal models. She works with dogs, which show age-related memory problems and brain changes similar to those seen in human patients. She is now studying how diets enriched with different antioxidants and fruits and vegetables improve learning and memory in dogs. Her hope is that this information will help us understand how making good lifestyle choices may prevent memory problems as we age.

A portion of this program will be reserved for questions and answers.

No charge for this event. Reservations are required.

Refreshments 6:30-7:00 p.m., Program will begin at 7:00 p.m.

Sponsored by: UCI MIND, Visiting Angels, and Acacia Adult Day Services



UCI MIND
INSTITUTE for MEMORY IMPAIRMENTS
and NEUROLOGICAL DISORDERS

Please R.S.V.P. to 714-530-1566 or
jdickinson@acacia-services.org